

## **The Arden House - emergency domestic violence safe house**

Women and families that flee domestic violence must often leave behind all of their belongings. We have comprised a list of items that are most useful to help them through this transition period. All donations are greatly appreciated!

### **Gift Cards and Certificates**

Gift cards to local grocery stores help offset the expense of food at the safe house. The gift certificates may also be used by clients to purchase prescription medications that they may not be able to afford.

Gift Cards in small denominations to local stores assist clients with small purchases of daily life items and/or treat families to a "special outing" during their stay. Examples include, Babies R Us, Target, Giant, McDonalds, movies theater, or a local hair salon.. Pre-paid telephone cards allow residents to make emergency telephone calls to their support system (family members, friends, clergy, etc.).

### **Baby and Children Products**

Baby Monitors  
Diapers, all sizes  
Baby Wipes  
Baby Medicines and Creams for rashes  
Baby Pacifiers  
Portable Cribs/Bassinets/car seats/strollers (for safety reasons, items need to be new!)  
Art and School Supplies  
Toys and Board Games

### **Household Supplies**

Cleaning Supplies  
Paper Towels, Toilet Paper and Facial Tissues  
Dishwashing Liquid  
Laundry Detergent and Fabric Softener  
First Aid Supplies  
Blankets, Pillows and Sheets for Twin Beds  
Garbage bags (large 30+ gallon and small trashcan size plastic liners)

### **Clothing**

Gently used and season appropriate for women and children  
New children and women's underwear in all sizes  
New socks of all sizes  
Nightclothes for women

### **Other Needs**

Alarm Clocks  
Batteries  
Stamps  
Light bulbs (60 watt)  
Flashlights  
  
Umbrellas  
Pots and Pans

**Personal Items/Toiletries**

Shampoo/Conditioner

Hair Care Products for all ethnicities

Toothpaste/Toothbrushes and Floss

Body Wash, Soap and Lotion

Deodorant and Cosmetics

Towels, Facecloths

Feminine Hygiene Products

Grooming Products (emory boards, nail polish remover, razors, tweezers, etc.)

Hair Dryers/Irons

New and unopened over the counter medications