

## **The Arden House - emergency domestic violence safe house**

Women and families that flee domestic violence must often leave behind all of their belongings. We have comprised a list of items that are most useful to help them through this transition period. All donations are greatly appreciated!

### **Gift Cards and Certificates**

Gift cards to local grocery stores help offset the expense of food at the safe house. The gift certificates may also be used by clients to purchase prescription medications that they may not be able to afford.

Gift Cards in small denominations to local stores assist clients with small purchases of daily life items and/or treat families to a "special outing" during their stay. Examples include, Babies R Us, Target, Giant, McDonalds, movies theater, or a local hair salon.. Pre-paid telephone cards allow residents to make emergency telephone calls to their support system (family members, friends, clergy, etc.).

### **Baby and Children Products**

Baby Monitors

Diapers, all sizes

Baby Wipes

Baby Medicines and Creams for rashes

Baby Pacifiers

Portable Cribs/Bassinets/car seats/strollers (for safety reasons, items need to be new!)

Art and School Supplies

Toys and Board Games

### **Household Supplies**

Cleaning Supplies

Paper Towels, Toilet Paper and Facial Tissues

Dishwashing Liquid

Laundry Detergent and Fabric Softener

First Aid Supplies

Blankets, Pillows and Sheets for Twin Beds

Garbage bags (large 30+ gallon and small trashcan size plastic liners)

### **Clothing**

New season appropriate for women and children

New children and women's underwear in all sizes

New socks of all sizes

Nightclothes for women

### **Other Needs**

Alarm Clocks

Batteries

Stamps

Light bulbs (60 watt)

Flashlights

Umbrellas

Pots and Pans

**Personal Items/Toiletries**

Shampoo/Conditioner

Hair Care Products for all ethnicities

Toothpaste/Toothbrushes and Floss

Body Wash, Soap and Lotion

Deodorant and Cosmetics

Towels, Facecloths

Feminine Hygiene Products

Grooming Products (emory boards, nail polish remover, razors, tweezers, etc.)

Hair Dryers/Irons

New and unopened over the counter medications